



SCUBA TRIP PACKING LIST

Core Dive Gear

Regulator Set: Primary, backup octopus, submersible pressure gauge (SPG), and low-pressure inflator hoses.

Buoyancy Control Device (BCD): Double-check weight pockets, dump valves, and inflator mechanisms.

Dive Computer: Pack your primary unit, verify battery levels, and carry a backup if available.

Mask & Snorkel: Clean the skirt seals, inspect straps for cracks and check the snorkel mask clip..

Mask Defogger: Commercial drops/spray to keep the mask clear, and always use a reef safe product.

Fins & Booties: Ensure spring straps or rubber buckles are functional.

Mesh Gear Bag: Essential for carrying wet gear on the boat and allowing it to air-dry naturally

Exposure Protection

Wetsuit: Select thickness (3mm, 5mm, or 7mm) based on your target destination's thermoclines.

Rash Guard / UV Shirt: Minimizes sun exposure on the boat deck and prevents BCD chafing.

Dive Accessories & Safety Equipment

Compass: Either as part of your regulator console, integrated with your computer, or a standalone on a retractor.

Dive Knife / Line Cutter: Essential tool for entanglement hazards; mount safely to your BCD.

Primary & Backup Flashlights: Check batteries and charging cradle and cords.

Surface Marker Buoy (SMB) & Spool: Essential for signaling the boat from the safety stop or surface.

Audible Surface Signals: Whistles or sonic alert horns.

Save-a-Dive Kit: Spare O-rings, silicone grease, extra mask/fin straps, zip ties, and a specialized scuba multi-tool.

Hose Clips / Retractors: Keeps your gauges and backup regulators streamlined and off the reef.

Cold Water Specialization

Dive Hood / Beanie & Vest: Prevents rapid core heat loss through the head and torso.

Dive Gloves: Protects hands from cold temperatures and accidental abrasions.

Drysuit & Inflator Hose with Thermal Undergarments (if trained): Maintains thermal balance in freezing environments by keeping water completely out.

Dry Gloves & Rings: Keeps your hands completely dry to preserve manual dexterity in freezing waters.

Personal Items & Apparel

Swimwear / Boardshorts (multiples)

Reef-Safe Sunscreen: Use mineral-based, non-nano zinc oxide formulas to protect fragile coral ecosystems.

Polarized Sunglasses: Cuts through intense water glare on the boat deck.

Dry Bag: Keeps your electronics, clothing, and towels safe from ocean spray.

Boat Coat or Cover-Up: Keeps you warm and shielded from the wind between dives, especially on those night dives.

Anti-Nausea/Sea Sickness Medication: Consider a prescription for the scopolamine patch for extreme cases.

Towel(s): Quick-dry or shammy styles are best.

Mobile Phone & Chargers

Hat(s)

Reusable Water Bottle

Documentation & Credentials

Passport: Required for international dive destinations, along with any necessary travel visas. Ensure it has at least 6 months of validity left for international travel.

Certification Cards (C-Cards) (Physical plastic cards or verified offline digital app)

Dive Insurance Card: Proof of DAN (Divers Alert Network) or equivalent specialized hyperbaric medical coverage.

Physical Logbook: Documents your dive history, local stamps, and provides reference for your weighting needs.